



SPORTY MONTH

@ KIDZ CLUB

This month's calendar of events is all about getting active and the health and well being benefits that participating in sports or physical activity can bring! Before the weather gets too cold, the children will join in different sporting games that promotes hand and eye co-ordination and gets everyone up and moving.

May the 12th is Mother's Day and is a significant date for children and their families to say thankyou to their wonderful mummies.

From all the staff "Happy Mother's Day" to our Kidz Club Mums!

MAY 2013

Special Calendar Dates

This Month's Creative Experiences

- Secret Mother Day craft
- Paper Cheer Leader Pom Poms
- Tasty Energy Snacks
- Creating Favourite Team flags
- Dancing streamers
- Helping Hand Activities
- Aboriginal and Torres Strait Islander Storytime

Mother's Day: 12 May
 Reconciliation Week: 27 May -3 June
 National Volunteer Week 13-19th
 Cinco de Mayo (Mexico): 5 May



Special Guests

Tri skills : Holden hill

Kindi Gym activities

Dance Fitness

Aboriginal stories

Idea: Ask for a volunteer from council to come and speak to children about what it means to be a volunteer: i.e. bus driver



***Next Month Theme is:
 "Travel to the moon"***

Sporty Facts

- Olympic Gold medals are mostly made up of silver
- The full diameter of a basketball is half the diameter of the basketball hoop
- Regular exercise helps boost the immune system