



# SPORTY MONTH

**@ KIDZ CLUB**

This month's calendar of events is all about getting active and the health and well being benefits that participating in sports or physical activity can bring! Before the weather gets too cold, the children will join in different sporting games that promotes hand and eye co-ordination and gets everyone up and moving.

May the 12th is Mother's Day and is a significant date for children and their families to say thankyou to their wonderful mummies.

**From all the staff "Happy Mother's Day" to our Kidz Club Mums!**

**MAY 2013**

**Special Calendar Dates**

## **This Month's Creative Experiences**

- Secret Mother Day craft
- Paper Cheer Leader Pom Poms
- Tasty Energy Snacks
- Creating Favourite Team flags
- Dancing streamers
- Helping Hand Activities
- Aboriginal and Torres Strait Islander Storytime

Mother's Day: 12 May  
 Reconciliation Week: 27 May -3 June  
 National Volunteer Week 13-19th  
 Cinco de Mayo (Mexico): 5 May

### **Special Guests**

***Krazy Koala Puppet Show***

***Thurs 10th @ 10:30am***

***Tri skills : Gymbus***

***Monday 20th @10:00am***

***Via Dance every***

***Tuesday @ 10:30am***

***Little Athletes Funtime Sports***

***Friday 31st @ 10:30***



***Next Month Theme is:  
 "Travel to the  
 moon"***

## **Sporty Facts**

- Olympic Gold medals are mostly made up of silver
- The full diameter of a basketball is half the diameter of the basketball hoop
- Regular exercise helps boost the immune system

